

FIVE DOCK PREP SCHOOL ROOM 4: DAILY ROUTINE

The Preschool Rooms (4-5 years) implement the following routine. Toileting and rest for children follow each child's physical care pattern and are implemented as required.

TIME		LEARNING EXPERIENCES
7am - 8:50am		<ul style="list-style-type: none"> The children will have breakfast and proceed to the indoor- outdoor area for self-directed play experiences and time to socialize with their friends.
PREP SCHOOL OPENS		
9:00am- 9:15am	Roll call and Yarning Circle	<ul style="list-style-type: none"> Children will assemble into small focus groups for the daily planning session Groups are to discuss the direction their projects will take and what resources they will need during the experiences
9:15am- 9:30am	Crunch and Sip	<ul style="list-style-type: none"> The bell rings and children participate in a transition activity/game and then in small numbers move to the bathroom to wash their hands for morning tea. Children sit in small groups with an educator for morning tea Children serve own milk/water and snack with the educator's assistance
9:30am- 10:00am	THRASS Literacy	<ul style="list-style-type: none"> THRASS (Teaching, Handwriting, Reading And Spelling Skills) Literacy Program A comprehensive, fun and engaging literacy program that teaches children how to read, write and spell. Using a variety of resources such as, overwrite charts, picture books and cards, we foster that love of literacy and make sure your child is more than prepared for primary school reading.
10:00am- 10:30am	Sports & Fitness Nutrition Program	<ul style="list-style-type: none"> Each day our children are met by a qualified fitness instructor who teaches them the benefits of a fit and healthy body based on their food and exercise choices. Our instructors vary the lessons to include yoga, circuit training and bootcamp-style exercises.
10:30am- 12:00pm	Project Indoor and Outdoor small group experiences	<ul style="list-style-type: none"> Children are split into small groups for project work (see <i>Weekly Program</i>). The classroom is set-up with a variety of provisions based on children's individual and group needs and interests. Children move outside for small group experiences Experiences include: gardening, cooking, robotics, woodwork, and a visual arts program
12:00pm- 12:30pm	Language- Italian	<ul style="list-style-type: none"> Language teacher conducts an Italian class, not just to learn the basics, but the culture, the food and maps of Italy.
12:30pm- 1:00pm	Lunch time (small groups)	<ul style="list-style-type: none"> This is an enjoyable, relaxed time for interaction between the educators and children. Our chef prepares delicious and nutritious food that is locally sourced and in-season to ensure quality and freshness (see "Weekly Menu") After their meal children are offered a drink of water Children scrape and clear their plates and clean up with educator's assistance
1:00pm- 1:30pm	Library Time & Research Skills	<ul style="list-style-type: none"> Children transition to the library from the Village Square and have story time Children are encouraged to select and borrow books before either being read to or reading independently Children are taught the basics of how to research different ideas using our reference books
	Relaxation & transition	<ul style="list-style-type: none"> Educators lead children in relaxation exercises / yoga
1:30pm- 2:00pm	Montessori Mathematics	<ul style="list-style-type: none"> Educators use Montessori materials to teach the basics of mathematics such as, squaring, cubing, measurement, addition, subtraction, weight and much, much more. The difference between our mathematics programs and others is that using Montessori materials means the children perceive each material as a fun game rather than a lesson in mathematics
2:00pm – 2:30pm	Geography & Culture	<ul style="list-style-type: none"> Children and educators combine maps, globes, land and water forms and culture to help children gain a sense of identity and understanding of the world we live in In small focus groups our children learn the basics of piano with a qualified piano teacher
	Piano Class	
2:30pm – 3:00pm	Science & Technology	<ul style="list-style-type: none"> One of the most satisfying things for teachers to see is children in awe – each time we do an experiment we ask the children many questions to try and form some sort of "prediction" and "hypothesis" some of

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		<p>our children are very good at predicting what might happen in an experiment, now all we need to do is connect this to our THRASS lessons to help children record their findings!</p> <ul style="list-style-type: none"> • Our robots need to exercise too! Children love learning about coding and putting that knowledge into practice. We also have an interactive television screen that children can use to participate in physics and yoga lessons.
3:00pm-3:15pm	Reflection of the Day & Show & Tell	<ul style="list-style-type: none"> • Children recall the day's events using the class photos for the day and this is documented in the daily reflection or webbing • Children practice showing an item from home and talking to their peers about it (we recommend a photo as it prompts children's memories). It is used to teach young children the skills of public speaking. (see '<i>Show & Tell</i>' Timetable)
3:15pm – 3:30pm	Afternoon Recess	<ul style="list-style-type: none"> • The bell rings and the children know it is time for a healthy snack – Our on-site chef prepares a healthy and tasty snack based on the Department of Health's Munch and Move guidelines • Children are offered a choice of snacks (see 'Weekly Menu') with water and milk. Children self-serve assisted by educators
PREP SCHOOL CLOSSES		
3:30pm-6:00pm		<ul style="list-style-type: none"> • The children will be able to participate in play, learning and social activities based upon their interests and educator guidance.

The routine is flexible and based on the needs, interests and abilities of children. The routine is consistently adapted throughout the day to best suit the needs of individual children, the planned curriculum, small groups and the group as a whole. Small groups can take place in any of our specialised areas not just within the classroom. Spontaneous/planned events can change the routine e.g. evacuations, excursions, special visitors, weather etc.

